

National Representative Report

Name
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Country (click and select)
United States (US)
Do you represent a second country?
No
Reporting Year
2026
General Summary: What's happening within the field of breathwork in your country? What actions or activities did you create as the National Representative?
Breathwork continues to grow in the US. Our US IBF membership continues to grow. This year in the US we had an amazing US World Breathing Day event held in New Orleans. Kate Becker got 90 people to come and breathe with a big support team. I continue to recruit breath schools and breath workers to join the IBF.
Number of individual members in your country
13
Number of professional members in your country
65
Number of schools / organisations in your country
28
How do you enjoy serving as your country's National Representative? On a scale from 0 to 10, where 10 is the best.
10
Elected as NR in (year)

National Representative Report

2017
Will you continue in your role as National Representative for the coming year?
No
Reason why you are stepping down
I am now an Executive Team member
Do you have a successor, or would you like to suggest a certain person as your successor?
Yes
Who would you like to suggest?
Murf Reeves
Did you attract new members?
Yes
How did you do this? Any best practices to share?
Social Media
Have you connected with existing members in your country?
Yes
How was the experience?
Family Zooms were a great way to connect
Were you engaged in World Breathing Day (April 11) in your country/region?
Yes
What happened in your country on the WBD?
See above
Do you run a national IBF social media channel in your country?

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No
Did you attend most NR/Taskforce meetings during the last year?
Yes
Do you need support from the organisation, or from fellow NR/Ambassadors?
No
How was it for you to work with members of the IBF leadership teams? On a scale from 0 to 10, where 10 is the best.
10
How do you feel about being in service for the organisation? On a scale from 0 to 10, where 10 is the best.
10
Will you be attending the next conference?
Yes
How do you like where the organisation is heading? On a scale from 0 to 10, where 10 is the best.
10
How do you like the current AGM format? On a scale from 0 to 10, where 10 is the best.
8
GDPR Agreement
Accepted
Date of submission
15/05/2026